

## Mercer Health

## Moms Support Froup

This free group, led by the Mercer Health Childbirth Center staff, is designed to create a safe & nurturing space for moms, as well as expecting moms, to feel empowered, heard and appreciated.

## 2025 Moms Support Group Dates

- July 21
- Aug. 18
- June 16
  Sept. 8
  Nov. 17
  June 30
  Sept. 29
  Dec. 1
  July 21
  Oct. 6
  Dec. 15

  - Oct. 27

RSVP is not required. For additional information, contact the Mercer Health Childbirth Center at 419-678-5670 or visit mercer-health.com.

Meetings will be held at 6:30pm in the Meeting Rooms at Mercer County Community Hospital. 800 W. Main St., Coldwater Please use the West Entrance.

